

## **FIS Health and Safety Working Group**

**Online, 3-5pm 13<sup>th</sup> March 2025**

### **Attending:**

Iain McIlwee, FIS  
Michelle Armstrong, FIS  
David, Veritas Consulting (Chair)  
Mary-Jane Smith, Interior Partnerships Ltd  
Alan Tittensor, Roseville Contracts  
Garry Reid, Linear UK  
Charlie Law, Palletloop  
Ryan Lewis, Access Panels  
Lydia Vazquez, Stanmore  
Helen Tuck, Vertex Interiors  
Tony Watts, DCL  
David Haines, Encon  
Paul Clark, VP  
Gavin Palmer, Lindner Interiors  
Tony Bishop, BDL  
John Holton, Tapper Interiors  
Michael Lordan, Construction People  
Brad Sinclair, PFP UK  
Mike Ward, Portview  
Joanne Kaiser, Telling Finishings  
Antonio Quina (External)  
Holly-Ann, Forza Doors

### **Action Items**

- IM, CL, TB and MW (supported by other volunteers yet to be nominated) to form a working group to finalise whether a dedicated plasterboard can be made available more economically to help reduce risk of accident.
- IM, ML, TB, MW (supported by other volunteers yet to be nominated) to form a working group to further develop the manual handling training course and co-ordinate feedback
- IM to approach the British Safety Industry Federation (BSIF) to see if there is appetite to develop detailed guidance on face fit testing, respirator use, and dust management.
- IM to prepare FIS Advisory Note on the use of fixed and semi-fixed knives in line with discussion and circulate for comment before publishing.

## Outline

### Meeting Introduction and Agenda Overview

- Chair DC opened the meeting, noting no apologies and welcoming all.
- IM reminded all of Competition Act and mission of the group, namely through guidance, collaborative working and influencing external stakeholders to make sure people working on our sites are kept healthy and safe.

### Discussion on Plaster Board and Pallet Safety

- IM and CL picked up on the discussion point raised at the last meeting on accidents with plasterboard pallets and the lack of suitable pallet trucks.
- Current options for pallet trucks are discussed, including a slim line truck now available that fits the new Loop pallets (which had, following consultation with the sector, increased the pallet height and string support to help improve pallet related safety and robustness).
- The new loop pallets are designed to be stronger, traceable, and reduce waste, with an incentive for returning them.
- CL shared details of pallet trucks currently available that are recommended for use with the new pallets.
- In this CL introduced a new concept pallet truck designed to fit the new loop pallets. The had a wide fork and was suitable for various plaster board sizes.
- Discussion centred on the truck's availability, cost, and potential modifications to fit specific needs.
- TB specifically highlighted the need to include a brake to be compatible with what is becoming a more common site requirement. More work to was agreed to isolate the exact specification for the Pallet. MJS shared details of an alternative [plasterboard pallet truck that had been tested on site.](#)
- Discussion on the potential for FIS to get a feel for level of demand to influence manufacturers and secure better deals for members to either buy or hire more suitable pallets. All agreed it would be a positive intervention and we should at least try as there is a genuine safety case.
- **IM** suggested forming a working group to pursue the development of a more affordable and effective pallet truck.

## **Introduction of Manual Handling Training Intervention**

- ML from Construction People Solutions was introduced and he presented a proposal for a manual handling training intervention that responded to the concerns raised at the last meeting.
- ML presented the course structure (refer to slides).
- The intervention aims to address musculoskeletal disorders, a significant issue in the construction sector. The proposal was to start with manual handling in dry lining, but to evolve to cover other occupational health and training needs.
- The first course has been wireframed with FIS and Platt and Reilly initially to align to CITB short duration training requirements. The course is to create and accessible, fully funded intervention that would be RoSPA and FIS Accredited.
- The course will be designed to be relevant to the dry lining sector and accessible through e-learning, visual, targeted and available in multi languages. There is potential for the course to be accredited and integrated into the CSCS card system.
- The discussion was positive and attendees were encouraged by the progress. Points drawn out included initial concerns about the course's complexity and making sure it is pitched at the right level for operatives. (including those with lower literacy). Suggestions that e-learning was good, but there should be potential for a tutor-led version of the course. The importance of making the course interactive and engaging is highlighted to ensure effective learning was reinforced throughout.

## **FIS input into new CLC H&S task group to analyse the increase**

- IM introduced that the Construction Leadership Council is setting up a task group specifically to look at the increase in fatalities and a few other H&S issues
- Main driver is that the number of deaths of construction industry workers has increased, according to new figures from the Health and Safety Executive (HSE) shows 51 construction workers died of injuries on site in the year to 31 March 2024, up 70% from the prior year and more than double of any other industry (next highest was 23 fatalities recorded in the agriculture, forestry and fishing sector) - deaths in construction made up more than a third of the UK total for all sectors (138).
- Construction was the also second most dangerous industry when measured by the rate of fatal injuries per 100,000 workers, with 2.43 fatal injuries per 100,000 workers, up from 2.1 in 2022/23. Whilst better than other sectors (the figure for agriculture, forestry and fishing is 7.51) it is still high.

- Other HSE data also included three-year average figures for work-related ill-health in construction. The health and safety regulator found that about 78,000 workers were affected from 2021/22 to 2023/24, with 52 per cent of them suffering from musculoskeletal disorders.
- This equates to 2 per cent of the UK construction workforce, the HSE said, which is a "significantly higher" rate than for workers across all industries.
- DC has agreed to represent FIS on this task group and will report back at next meeting.

### **Discussion on Face Fit Testing and PPE**

- DC introduced the topic of face fit testing and the challenges of managing bearded workers, which has been raised again through FIS. A number of articles and resources has been prepared over the years, but the group agreed that this remains a very common problem and there is a need for further and better guidance.
- AT shared his experience with providing air-fed PPE to bearded workers, highlighting the cost and logistical challenges.
- TB discusses the availability of negative pressure respirators and the need for proper training and testing.
- The need for monthly inspections of negative pressure respirators and weekly inspections of positive pressure respirators was highlighted and the 2 year retest of face fit - there is a danger this gets overlooked.
- The group agreed to set up a task and finish group to curate a guidance note on providing necessary equipment, risks, and proper usage. IM suggested working with British Safety Industry Federation on this. Consideration with FIS running a campaign "the trouble with stubble" may help to raise the profile.
- A more general discussion on dust awareness as possibly our biggest occupational health risk followed (particularly drilling into concrete and masonry and the exposure to silica dust). ML flagged the HSE's short duration training library and the possibility of claiming grants for extended training.
- The use of RPE in the dry lining sector and the challenges faced by a contractor in managing residual risks. A scientific approach to managing risks (the importance of data-driven decisions relying on dust monitoring), which is costly but potentially more effective than relying on PPE was discussed, but the general feeling was that the controls should still be used.
- Further discussion emphasized the hierarchy of control, including removing hazards, using engineering controls like vacuums, and providing proper training.

- TB highlighted the legal requirement for thorough examinations of vacuums every 14 months and the need for more frequent examinations in higher-risk environments. Designated cutting rooms and dust cubes, and the challenges of managing risks in various construction activities all came up in the discussion, but the conclusion was that more support and education is needed, particularly for smaller businesses.

### **Challenges with Fixed and Semi-Fixed Knives**

- IM highlighted another issue raised regularly as sites banning the use of fixed and semi-fixed knives and the need for a formal position on this issue and shared current FIS approach (in lieu of having a formal position) – refer to slides.
- It was noted that main contractors including Berkeley, Mace, and Lend Lease had looked to ban such knives, but the trials with ceramic blades and Kevlar gloves had not been ideal.
- It was noted that there are few instances of accident as skilled operatives manage the risks. Concerns were raised that there are not currently are effective alternatives to fixed and semi-fixed knives issues that remove the risk and allow safe and efficient working. Problems with auto-retracting blades getting stuck in an open blade state and the lack of robustness of ceramic solutions. Glove selection was discussed.
- It was suggested the focus should be on the importance of training and risk assessments in managing the use of fixed and semi-fixed knives and making sure it was clear who and why people have them. Recommendation to develop formal FIS guidance on the safe use of fixed and semi-fixed knives and circulating it for comment before publication. In the development TB offered to share their presentation on the safe use of fixed and semi-fixed knives with the FIS.

### **Final Comment**

DC concludes the meeting by thanking everyone for their contributions and reminding participants about an [upcoming FIS webinar with UKATA on asbestos dangers](#).

The next meeting would be set once actions suitably developed for comment.

Volunteers for the workstreams identified encouraged to contact

[lainmcilwee@thefis.org](mailto:lainmcilwee@thefis.org).

71% of UK construction spend is on fit-out

Buildings may have 30 fit-outs during their lifecycle

**FIS**  
Representing the  
Finishes & Interiors sector

Ongoing vetting of  
contractors  
Setting higher  
standards

Driving quality  
through a focus on  
**PRODUCT  
PROCESS  
PEOPLE**

Health and Safety Working Group 2025...  
[www.thefis.org](http://www.thefis.org)

## Competition Act

Members are reminded they agree to conform to FIS policy to comply with the Competition Act 1998. The meeting is convened and held in accordance with the Memorandum and Articles of Association of FIS and the regulations made by the Association. The Association has in place procedures to ensure compliance with all relevant competition laws and the meeting is subject to those procedures

## Agenda

- Welcome H&S Group Chair, David Cant, Veritas Consulting
- Reducing accidents associated with movement of plasterboard on pallet, Charlie Law, Pallet Loop
- FIS Occupational Health Training intervention, Priority 1: Muscular Skeletal Issues, Michael Lordan, Construction People
- FIS input into new CLC H&S task group to analyse the increase  
David Cant, Veritas Consulting
- Open Discussion  
Tabloid: FIS stance on use of fixed blades  
Face Fit and Facial Hair

**FIS**  
**NO**  
Raising standards and supporting compliance through a focus on collaborative, risk management and competence.

Providing a strong voice, using our influence to support positive transformation and ensuring FIS guidance is specified and members win work.

## Welcome H&S Group Chair, David Cant, Veritas Consulting

## 2. Reducing accidents associated with movement of plasterboard on pallet, Charlie Law, Pallet Loop

## Issues with moving plasterboard pallets around site

- Existing standard pallet trucks do not fit plasterboard pallets
- Slimline pallet trucks do fit in (with a push) but cannot lift the load centrally, making it unstable
- Subsequently pallets are put on bearers (or even bricks) with risks of crushing to fingers
- Underside of pallets not designed to sit on pallet truck, which makes load unstable and pallet could collapse

## Two possible solutions:

- Increase the depth of the pallet – However we have already discussed this with BG and this would cause quite a significant impact on production and transportation of product. Also, still may need a specific pallet truck design for the pallet?
- Loop work with a pallet truck manufacturer to come up with a compatible plasterboard pallet truck – i.e. slimline with wider forks.

## Delivering circularity in the UK construction sector

the pallet<sup>+</sup>  
loop

## The case for change

## Things must change

The last few years have seen a tangible shift in the way we think about the environment. Linear models of deliver, distribute, discard are unsustainable, wasteful, costly, irresponsible and inefficient.

Businesses and consumers now recognise collective action is needed to get climate change under control for a more sustainable future.

20m	90%	6,000	600,000	Over 2,500	EEEE
new pallets manufactured in the UK	of construction pallets are made in the UK	types of safety equipment are used in the industry	types of safety equipment are used in the industry	types of safety equipment are used in the industry	types of safety equipment are used in the industry

## RECOVER REPAIR REUSE

Our innovative pallet reuse service is a sustainable circular economy solution: recovering and reusing the resources from end of life of pallets

- Active digitally-enabled power cycle
- Delivering sustainability, safety and operational benefits throughout the construction supply chain
- Minimise material change with a network of up to 4.4 million for every green pallet put back in the loop

**AV 40% less CO<sub>2</sub> emissions**

**Enhanced fit and strength**

**Less waste**

**Stronger**

**Reusable**

## How does Pallet LOOP work?



### Different by design

Introducing a sustainable standard pallet design - CLC, Wierberger-Pace with a capacity of 2,200kg.

The standard pallet design is ideal for the construction sector. It's robust construction makes it suitable for various applications including blocks, bricks and more.

**Load Capacities**

- Stacked 7 unit load high **3,250kg**
- Stacked 6 unit load high **1,644kg**
- Loadable Collapse Resistance (LCR)

**Key Pallet Specifications**

- Meets ISO 15024 Part 1 requirements (Standard)
- Meets ISO 15024 Part 2 requirements (Standard)
- Meets ISO 15024 Part 3 requirements (Standard)
- Meets ISO 15024 Part 4 requirements (Standard)
- Meets ISO 15024 Part 5 requirements (Standard)
- Meets ISO 15024 Part 6 requirements (Standard)
- Meets ISO 15024 Part 7 requirements (Standard)
- Meets ISO 15024 Part 8 requirements (Standard)
- Meets ISO 15024 Part 9 requirements (Standard)
- Meets ISO 15024 Part 10 requirements (Standard)
- Meets ISO 15024 Part 11 requirements (Standard)
- Meets ISO 15024 Part 12 requirements (Standard)
- Meets ISO 15024 Part 13 requirements (Standard)
- Meets ISO 15024 Part 14 requirements (Standard)
- Meets ISO 15024 Part 15 requirements (Standard)
- Meets ISO 15024 Part 16 requirements (Standard)
- Meets ISO 15024 Part 17 requirements (Standard)
- Meets ISO 15024 Part 18 requirements (Standard)
- Meets ISO 15024 Part 19 requirements (Standard)
- Meets ISO 15024 Part 20 requirements (Standard)
- Meets ISO 15024 Part 21 requirements (Standard)
- Meets ISO 15024 Part 22 requirements (Standard)
- Meets ISO 15024 Part 23 requirements (Standard)
- Meets ISO 15024 Part 24 requirements (Standard)
- Meets ISO 15024 Part 25 requirements (Standard)
- Meets ISO 15024 Part 26 requirements (Standard)
- Meets ISO 15024 Part 27 requirements (Standard)
- Meets ISO 15024 Part 28 requirements (Standard)
- Meets ISO 15024 Part 29 requirements (Standard)
- Meets ISO 15024 Part 30 requirements (Standard)
- Meets ISO 15024 Part 31 requirements (Standard)
- Meets ISO 15024 Part 32 requirements (Standard)
- Meets ISO 15024 Part 33 requirements (Standard)
- Meets ISO 15024 Part 34 requirements (Standard)
- Meets ISO 15024 Part 35 requirements (Standard)
- Meets ISO 15024 Part 36 requirements (Standard)
- Meets ISO 15024 Part 37 requirements (Standard)
- Meets ISO 15024 Part 38 requirements (Standard)
- Meets ISO 15024 Part 39 requirements (Standard)
- Meets ISO 15024 Part 40 requirements (Standard)
- Meets ISO 15024 Part 41 requirements (Standard)
- Meets ISO 15024 Part 42 requirements (Standard)
- Meets ISO 15024 Part 43 requirements (Standard)
- Meets ISO 15024 Part 44 requirements (Standard)
- Meets ISO 15024 Part 45 requirements (Standard)
- Meets ISO 15024 Part 46 requirements (Standard)
- Meets ISO 15024 Part 47 requirements (Standard)
- Meets ISO 15024 Part 48 requirements (Standard)
- Meets ISO 15024 Part 49 requirements (Standard)
- Meets ISO 15024 Part 50 requirements (Standard)
- Meets ISO 15024 Part 51 requirements (Standard)
- Meets ISO 15024 Part 52 requirements (Standard)
- Meets ISO 15024 Part 53 requirements (Standard)
- Meets ISO 15024 Part 54 requirements (Standard)
- Meets ISO 15024 Part 55 requirements (Standard)
- Meets ISO 15024 Part 56 requirements (Standard)
- Meets ISO 15024 Part 57 requirements (Standard)
- Meets ISO 15024 Part 58 requirements (Standard)
- Meets ISO 15024 Part 59 requirements (Standard)
- Meets ISO 15024 Part 60 requirements (Standard)
- Meets ISO 15024 Part 61 requirements (Standard)
- Meets ISO 15024 Part 62 requirements (Standard)
- Meets ISO 15024 Part 63 requirements (Standard)
- Meets ISO 15024 Part 64 requirements (Standard)
- Meets ISO 15024 Part 65 requirements (Standard)
- Meets ISO 15024 Part 66 requirements (Standard)
- Meets ISO 15024 Part 67 requirements (Standard)
- Meets ISO 15024 Part 68 requirements (Standard)
- Meets ISO 15024 Part 69 requirements (Standard)
- Meets ISO 15024 Part 70 requirements (Standard)
- Meets ISO 15024 Part 71 requirements (Standard)
- Meets ISO 15024 Part 72 requirements (Standard)
- Meets ISO 15024 Part 73 requirements (Standard)
- Meets ISO 15024 Part 74 requirements (Standard)
- Meets ISO 15024 Part 75 requirements (Standard)
- Meets ISO 15024 Part 76 requirements (Standard)
- Meets ISO 15024 Part 77 requirements (Standard)
- Meets ISO 15024 Part 78 requirements (Standard)
- Meets ISO 15024 Part 79 requirements (Standard)
- Meets ISO 15024 Part 80 requirements (Standard)
- Meets ISO 15024 Part 81 requirements (Standard)
- Meets ISO 15024 Part 82 requirements (Standard)
- Meets ISO 15024 Part 83 requirements (Standard)
- Meets ISO 15024 Part 84 requirements (Standard)
- Meets ISO 15024 Part 85 requirements (Standard)
- Meets ISO 15024 Part 86 requirements (Standard)
- Meets ISO 15024 Part 87 requirements (Standard)
- Meets ISO 15024 Part 88 requirements (Standard)
- Meets ISO 15024 Part 89 requirements (Standard)
- Meets ISO 15024 Part 90 requirements (Standard)
- Meets ISO 15024 Part 91 requirements (Standard)
- Meets ISO 15024 Part 92 requirements (Standard)
- Meets ISO 15024 Part 93 requirements (Standard)
- Meets ISO 15024 Part 94 requirements (Standard)
- Meets ISO 15024 Part 95 requirements (Standard)
- Meets ISO 15024 Part 96 requirements (Standard)
- Meets ISO 15024 Part 97 requirements (Standard)
- Meets ISO 15024 Part 98 requirements (Standard)
- Meets ISO 15024 Part 99 requirements (Standard)
- Meets ISO 15024 Part 100 requirements (Standard)

### Launch partner

**British Gypsum** **ISOVER**

Saint Gobain Interior Solutions (including British Gypsum and Isover) ship their products on circa 1.6 million timber pallets every year, around 7% of all construction pallets in circulation.

1<sup>st</sup> May 2024 – Bagged Plaster 1<sup>st</sup> December 2024 – Insulation

1<sup>st</sup> July 2024 – 2400mm Plasterboard 1<sup>st</sup> January 2025 – All Plasterboard

### New partners

**Superglass** **wienerberger**

Superglass – 1<sup>st</sup> April 2025  
Circa 160,000 1200 x 1200 4WE Insulation

Wienerberger – 1<sup>st</sup> April 2025  
Circa 200,000 1035 x 1065 2WE Tile Standard

### 5-year LOOP benefit

Widespread adoption of LOOP in the UK will bring significant financial and environmental benefits to the construction supply chain over the next five years.

**27.5m** **421,000** **1.9m**  
LOOP pallets tips reduction in wood waste tons replaced for long term carbon storage conversion timber

**£198m** **535,000** **36,000**  
profit savings (approx over 5 years) pallets in stock (approx over 5 years) pallets in stock

### Pallet Truck Compatibility

Image showing a pallet truck on a pallet.

### Bagged Plaster (LOOP Construction Standard)

Part Number: 50423033  
Article Number: 128452  
Article Name: Jungheinrich AM 22  
Capacity: 2,200 kg  
Fork length: 1,150 mm  
Width across forks: 680 mm  
Steering wheel: Nylon  
Fork rollers: Single / Nylon  
Price per unit: Circa £400.00 + VAT  
Estimated delivery: Free delivery in approx. 1 week  
Link to product details: Jungheinrich AM 22 hand pallet truck with quick lift, width across forks 680mm, 1150mm fork length

### Bagged Plaster (LOOP Construction Standard)

Image showing a pallet truck on a pallet.

### Bagged Plaster (LOOP Construction Standard)

Part Number: 51078599  
Article Number: 175082  
Article Name: Jungheinrich AM 22  
Capacity: 2,200 kg  
Fork length: 1,054 mm  
Width across forks: 680 mm  
Steering wheel: Nylon  
Fork rollers: Single / Nylon  
Price per unit: Circa £800.00 + VAT  
Estimated delivery: Free delivery in approx. 2 weeks  
Link to product details: Jungheinrich AM 22 hand pallet truck, width across forks 680 mm, short forks

### Plasterboard (All LOOP Plasterboard Pallets)

Part / Article Number: TBA  
Article Name: Jungheinrich AM 22 Low Profile  
Capacity: 2,200 kg (pallet of 72no. 3000mm boards = 2,200kg)  
Lift Height: 51-170mm  
Fork length: 1,200 mm  
Width across forks: 680 mm  
Steering wheel: Nylon  
Fork rollers: Single / Nylon  
Price per unit: Circa £2,500.00 + VAT  
Estimated delivery: Free delivery in approx. 10 weeks  
Jungheinrich contact details: Abby Alty: Abby.Alt@jungheinrich.co.uk

### CLOSING THE LOOP ON PALLET WASTE - TOGETHER

Image showing a diagram of the LOOP process.

### the pallet loop

Make sure your business is in the LOOP

### FIS Occupational Health Training intervention, Priority 1: Muscular Skeletal Issues, Michael Lordan, Construction People

Image showing a person working on a pallet.

### Manual Handling Concerns

One out of every three workplace injuries are the result of poor manual handling techniques.

The construction industry has the highest rate of musculoskeletal problems of any sector.

Repeated or awkward handling of heavy items

Across the whole of construction, over 50,000 work-related ill health cases (new or long-standing) are reported every year and over 1.5 million days are lost due to musculoskeletal injuries

### Manual Handling Concerns

Proposal:

- FIS Develop with Construction People Solutions an Industry Standard Occupational Health training course
- Accredited through RoSPA
- Use e-learning, 90 minutes modularised
- Funded as a CITB Short Duration Course (paid to train)
- Target endorsement on CSCS Card and making it a standard requirement for labourers

### New CLC Working Group

David Cant, Veritas Consulting

Image showing a person working on a pallet.

### Open Discussion

Image showing a person working on a pallet.

### Open Discussion

Historically, in line with HSE guidance, XXX banned the use of fixed bladed and semi fixed bladed knives.

Contractors have challenged this approach and suggest that given the nature of some materials they regularly have to cut, a fixed blade knife is the best and safest option.

### Open Discussion

As it stands, FIS do not have a formal position on selection of cutting tools and would defer to the Contractor's Risk Assessment and Method Statement and the training of individual workers.

In terms of specifics, we have also been made aware of concerns that alternative solutions offered can introduce a hazard and consequently do not provide a persons solution, concerns have also been raised on durability of e.g. ceramic alternatives.

We do recommend that wherever possible efforts are made to reduce the number of cuts by increasing the use of pre-cut systems, but this needs further engagement and whilst additionally offers potential for significant waste reduction, safety procurement processes limit the potential.